INTRODUCING CAAT

Chronic Airways Assessment Test

Chronic Airways Assessment Test (CAAT)

FORMERLY KNOWN AS THE COPD ASSESSMENT TEST (CAT)™

CAAT can now be used for assessing respiratory health status in people with asthma, not just COPD

- A standardized, easy to administer, health status measure for use across obstructive lung diseases.
- 8-items assessing aspects of disease relevant to patients.
- CAAT is the same as the original CAT except for the name and introductory sentence.
- Recently validated for asthma and/or COPD in the AstraZeneca NOVELTY study;
  Scan the QR code for references and to hear an educational video for healthcare providers.

USING THE CAAT

Access to Information

- Scan the QR code at the bottom of this poster for more videos, information about governance council members, a digital implementation guide, and recent references.
- Translations for providers and academic users are available on the CAAT webpage and additional translations may be requested from caat@gaapp.org.
- For the CAAT User Guide, scan the QR code.
- Many certified translations for use in clinical trials are available from MAPI Trust: https://eprovide.mapi-trust.org/instruments/chronic-airways-assessment-test

GLOBAL ALLERGY & AIRWAYS PATIENT PLATFORM

CAAT@gaapp.org.br

More information:

User Guide:

The COPD assessment test (CAT) and the Chronic Airways Test (CAAT) were developed by an interdisciplinary group of international experts with support from GSK. CAT and CAAT activities are monitored by a supervisory council that includes independent experts, one of which is chair of the council. CAT, COPD Assessment Test, CAAT, Chronic Airways Assessment Test and the CAT logo are trademarks of the GSK group of companies. ©2009-2021 GSK 'Group of Companies' or its licensor. All rights reserved

Take the Chronic Airways Assessment Test (CAAT)

This questionnaire will help you and your healthcare professional measure the impact your Lung Disease is having on your wellbeing and daily life.

For each item below, select the box that best describes you currently. Be sure to only select one response for each question.

Example

I am very happy — 0 (1) 2 3 4 5 — I am very sad

SCORE

I never cough	0 1 2 3 4 5	I cough all the time
I have no phlegm (mucus) in my chest at all	0 1 2 3 4 5	My chest is completely full of phlegm (mucus)
My chest does not feel tight at all	0 1 2 3 4 5	My chest feels very tight
When I walk up a hill or one flight of stairs I am not breathless	0 1 2 3 4 5	When I walk up a hill or one flight of stairs I am very breathless
I am not limited doing any activities at home	0 1 2 3 4 5	I am very limited doing activities at home
I am confident leaving my home despite my lung condition	0 1 2 3 4 5	I am not at all confident leaving my home because of my lung condition
I sleep soundly	0 1 2 3 4 5	I don't sleep soundly because of my lung condition
I have lots of energy	0 1 2 3 4 5	I have no energy at all

Total score

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